

3rd November, 24th November, 15th December, 19th January, 9th February, 9th March **WEEK ONE**

MONDAY

Margherita Pizza (Cheese & Tomato) (V, EF) Vegetable & Potato Curry Egg Mayo &

Lettuce Wrap (V, DF) Sweetcorn & **Baked Beans**

> Flapjack & Raisins

TUESDAY

Pork Sausages (EF, DF) Veggie Sausage (VG)

Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF)

Mashed Potatoes, Carrots & Green Beans &

Chocolate & Mandarin

WEDNESDAY

Roast Chicken Breast Vegetarian Quorn Roast Rainbow Rice Salad (VG, GF)

> Roast Potatoes, Yorkshire Pudding, Curly Cabbage & Peas

Cinnamon Cookie

THURSDAY

Chicken, Tomato & Pepper Pasta (EF, DF) Pizza Pinwheel (V, EF) with **New Potatoes**

Jacket Potato with Cheese (V, GF, EF) or Baked Beans

Carrots & Sweetcorn

Vanilla Sponge Cake (V, DF)

FRIDAY

Veggie Samosa's (VG) Tuna & Sweetcorn Wrap

> Chips or Pasta Peas & **Baked Beans**

Vanilla Ice Cream (V, GF, EF) with Peaches

WEEK TWO

10th November, 1st December, 5th January, 26th January, 23rd February, 16th March

MONDAY

Margherita Pizza (Cheese & Tomato) (V, EF) Rustic Tomato Pasta (VG) Cheddar Cheese

& Baked Beans

Cherry

TUESDAY

Meatballs in a Tomato Veggie Meatballs in a Tomato Sauce (V, EF, DF) Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF)

& Broccoli

WEDNESDAY

Veggie Sausage (VG)

Tuna & Sweetcorn Pasta Salad (EF, DF)

Mashed Potatoes & Gravy Carrots & Cauliflower

with Peaches

THURSDAY

Beef Chilli Mac 'n' Cheese (V, EF) Baked Jacket Potato with Cheese (*V, GF, EF*) or Baked Beans (VG, GF)

Peas & Green Beans

Cake

FRIDAY

Chicken Nuggets (Ef, DF)

Breaded Salmon Wrap with Mayo & Lettuce (EF, DF)

> Baked Beans or Sweetcorn

WEEK THREE

17th November, 8th December, 12th January, 2nd January, 2nd March, 23rd March

MONDAY

Margherita Pizza (Cheese & Tomato) (V, EF) Bean & Vegetable Fajitas

Cheddar Cheese & Tomato Pasta Salad (V, EF)

> Sweetcorn & Carrots

Golden Cornflake Cookie (V, EF, DF) with Mandarins

TUESDAY

Sausage Plait (DF) Veggie Sausage Roll (V, Jacket Potato with

Cheese (V, GF, EF) or Baked Beans (VG, GF) Oven Baked Potato

Wedges, Peas & Baked Beans

Iced Sprinkle Cake

WEDNESDAY

Roast Loin of Pork (GF, DF, EF) Vegetarian Quorn Roast (V, GF) Tuna & Cucumber Wrap (DF, EF)

Roast Potatoes & Yorkshire

Pudding with Gravy Savoy Cabbage & Carrots

Sultana & Syrup Cookie

THURSDAY

Cottage Pie (GF, DF, EF) Veggie Cottage Pie (V, GF, EF)

Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF)

Broccoli & Vegetable Medley

Melting Moment (V, DF, EF) with Pineapple

FRIDAY

Flipper Dippers (DF, EF) Vegetable Spring Rolls (VG, GF)

Cheese & Cucumber Wrap (V, EF) Chips or Pasta

> Peas & **Baked Beans**

> > Iced Fruit Smoothie

Available Daily - Fresh bread, Salad Bar, and lots of Fresh water, as well as a choice of natural yoghurt, or fresh fruit as an alternative to dessert

Allergy advice — All our food is prepared in a kitchen where any of the 14 Allergens may be present, and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergeninformation is available from your school. Any fish we serve will vary depending on availability.

We only select fish from sustainable sources.

