

Stay safe save lives.

By Emily

Isolation.

- If you have a cold the government advises you to stay in your house and avoid any possible contact. The government also advises for over 65's to isolate if possible away from everybody. Only go out if necessary and wash your hands for 20 seconds at a time (the time it takes to sing happy birthday twice). If in isolation you can ask your local council to help you. If you know anybody in isolation please avoid going round if possible.

Clean

Every time you go outside wash your hands , if your on a walk avoid touching gates with your hands and if you see anybody else in the place you are walking we advise you to find another route to walk. When at your local shop make sure you are the only one from your household and make sure you are at least 2 meters apart. Do not meet anybody in any other house.



Avoid going out if ill

Avoid physical
contact if your
able to.

Remember.

Stay 2 meters apart

Wash your hands for 20
seconds

Only go out if necessary

Please take this seriously
think of how many lives you
could save by following these
guide lines.

Thankyou for
watching this
presentation

Thanks.

Firstly, I would to thank my mum for supporting me from my very first power point. Secondly, my dad for being my inspiration. Thirdly, Miss Barrett for helping me learn.