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Friday 7th November 2025

Greek Day & Food Tasting Session

Dear Parents and Carers,

In line with our Topic this term, Rowan Class will be holding a Greek-themed day on Tuesday 25th November. This will include sessions focusing on Greek warfare, inter-city rivalry, democracy and famous Greek stories, such as The Trojan Wars and The Odyssey.



Hands on Greek Workshop

The Historical Lives team will be visiting the school and delivering a full day workshop for the children. The children will be given the opportunity to see what it was like to be a Greek soldier and role play common battle tactics from the era. They will also be able to act out one of the famous Greek Myths.



Greek Food Tasting

In addition to the Greek Workshop, we intend to hold a Greek food tasting session. This will include breads, honey, fruit and vegetables and will reflect the food eaten by the Ancient Greeks and the food eaten in Greece today. There will be a wide variety of food to try, and the selection of what the children eat is entirely up to them. Nuts will

not be put out, but we cannot guarantee that traces of nut will not be present in some of the foods. We hope that by the end of the session our pupils will have a better idea of what would have been in the Ancient Greek diet, helping them with our D&T cooking unit. We follow strict hygiene rules in school, but need your permission for the children to taste a variety of foods in our tasting test.

Payment and consent for this visit will need to be given online via Scopay by Friday 21st November. In order to cover the cost of the two activities, we are asking for a voluntary contribution of £7. If insufficient funds are received, the experiences may have to be cancelled.



Yours faithfully,

Miss Barrett



Building Firm Foundations For Life