



Chesterton Primary School

WELLBEING AMBASSADORS

END OF TERM UPDATE

THANK YOU!

As we reach the end of the Summer Term, we would like to say a huge thank you to our wonderful Wellbeing Ambassadors for all of their hard work and dedication throughout the year.

They have been fantastic role models for kindness, made valuable contributions to our very first student newsletters, and worked incredibly hard during Children's Mental Health Week. We are so proud of everything they have achieved.

We would also like to wish Caden and Olivia B the very best of luck as they begin their exciting new journeys at secondary school.

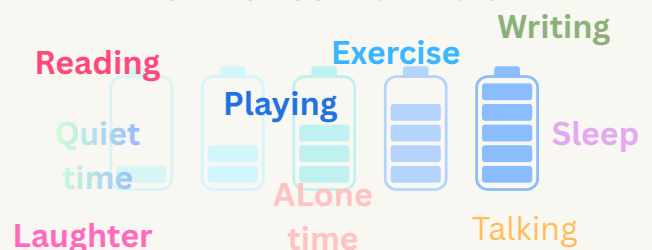
We hope you all have a wonderful, relaxing summer break, and we look forward to welcoming some new student members to the Wellbeing Team in September.



WHO ARE THE WELLBEING AMBASSADORS?

Caden H & Olivia B (Oak)
Bella R & Charlie H (Rowan)
Holly B & Olivia R (Hawthorn)

HOW DO YOU RECHARGE?



NEED SUPPORT OVER THE SUMMER?

If you need someone to talk to over the summer holidays, ask a trusted grown-up to explore some of these wonderful online resources with you. They are designed to help you feel calm, supported, and listened to.

<https://www.childline.org.uk/toolbox/>
<https://www.childline.org.uk/toolbox/calm-zone/>
<https://y4y.org.uk/about-us> (age 10+)

CHILDREN'S MENTAL HEALTH WEEK ASSEMBLY POEM



(Charlie) This Is Our Place: By Caden, Olivia, Charlie, Bella, Holly, Olivia



This is our place, our everyday,
Where small things matter in the biggest of ways.
A place of laughter, mud, and noises,
Of busy feet and growing voices.

(Bella) First it's breakfast club, we're all in a daze,
Eating our toast in a half-sleepy haze.
Golden and perfect, you haven't a clue,
A former Head Chef has made that for you!

(all) We move up, we move down, we go round and around
Clap Clap, Clap Clap Clap!

(Holly) Then there's the hundred-year-old clock on the wall,
Pretty to look at, but won't work at all.
It says it's 9, it says 8 then 11 then 10,
It starts, it stops, then starts up again.

(Olivia Hawthorn) Break time arrives, it's time to play,
"Just a small tornado," Mr Horner will say.
Put on your wellies, your coat, you'll be fine,
We will go out! In wind, rain, or shine!

(All) We move up, we move down, we go round and around
Clap Clap, Clap Clap Clap!

(Holly) Our colourful wellies all lined on the wall,
Telling the stories of adventures in school.
Forest school, trips, and coaches to Wales,
We always return with wonderful tales.

(Bella) Then there's the clubs, from gardening to sports,
From tennis to art, there's really all sorts.
We're a talented bunch with skills to show,
If you've seen wake up shake up it's a fact you will know.

(All) We move up, we move down
We go round and around
Clap Clap, Clap Clap Clap!

(Charlie) The maypole arrives, a springtime delight,
Sometimes we tangle, but it's always alright.
There's skipping, music, fun, and laughter,
And sometimes a lolly for us to eat after.

(Charlie) Summer arrives with so many great features,
Like egg hunts, sports day, and soak the head teacher
Autumn and winter bring crisp, chilly days,
The tree goes up, and we do the school plays.

(All) We move up, we move down
We go round and around
Clap Clap, Clap Clap Clap!

(Olivia Oak) From vanishing lunch bands to reading books,
Everything's named, from glue to coat hooks.
There are lost property mysteries, it's still quite unknown.
How that trouser-less child got home.

(All) We move up, we move down, we go round and around
Clap Clap, Clap Clap Clap!

(Olivia) So Chesterton, you probably knew
That coming to school here, you're part of the crew
We're in this together and always will be
Our 200-strong club includes you and includes me.

